

Rialto Unified School District

Sep 1, 2023 thru Sep 1, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 1

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/01/2023																
CACFP SUPPER	Total	4000														
YOGURTBK, Straw W/Crack-2019	SERVING	5500	300	10	270	2.00	2.00	282.0	2500	0.0	30	9.0	55.0	5.5	2.00	0.00
Carrot Nibblets 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			647	29	564	7.08	3.20	763.0	14257	14.79	*70	25.05	120.54	10.54	4.39	*0.00
% of Calories											*43.6%	15.5%	74.5%	14.7%	6.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			647	29	564	7.08	3.20	763.0	14257	14.79	*70	25.05	120.54	10.54	4.39	*0.00
											*98.0%	15.5%	74.5%	14.7%	6.1%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	647		550 - 650					
Cholesterol (mg)	29							
Sodium (mg)	564		1230					
Fiber (g)	7.08							
Iron (mg)	3.20							
Calcium (mg)	763.0							
Vitamin A (IU)	14257							
Sugars (g)	70	43.55%			Missing			
Vitamin C (mg)	14.79							
Protein (g)	25.05	15.47%						
Carbohydrate (g)	120.54	74.47%						
Total Fat (g)	10.54	14.65%	<=30.00%					
Saturated Fat (g)	4.39	6.10%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 4, 2023 thru Sep 8, 2023

CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/04/2023																
CACFP SUPPER	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/05/2023																
CACFP SUPPER	Total	4000														
PIZZA,STUFD PEPPERONI SA	1 EACH	4000	300	45	830	3.00	2.70	200.0	400	0.0	*N/A*	17.0	32.0	12.0	5.00	0.00
NDWICH																
CELERY STICKS 2021	serving	6000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
APPLES,Fresh sliced 2017	pkg. (3 oz)	6000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			543	51	1136	10.17	4.02	619.3	1850	283.88	*38	28.90	78.96	12.91	5.44	*0.00
% of Calories											*28.0%	21.3%	58.1%	21.4%	9.0%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/06/2023																
CACFP SUPPER	Total	4000														
Burrito, Bean & Chz '22	1 each	3000	577	60	1278	5.65	4.01	612.4	701	2.48	*1	25.15	59.92	26.12	13.02	*0.00
CELERY STICKS 2021	serving	4000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			632	60	1199	6.85	3.50	866.8	1618	11.39	*32	31.21	80.03	22.60	11.41	*0.00
% of Calories											*20.1%	19.7%	50.6%	32.2%	16.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Sep 4, 2023 thru Sep 8, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/07/2023																
CACFP SUPPER	Total	4000														
CHICKEN PATTY, WG/HMSTL B UN2015	1 EACH	3000	338	50	666	5.00	2.16	300.0	142	1.0	3	22.0	43.0	10.0	2.00	0.00
BARBECUE BEANS -2012	1/2 CUP	4000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	4000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			622	53	1431	13.52	3.87	648.6	959	190.06	*35	35.60	105.46	10.65	3.13	*0.00
% of Calories											*22.3%	22.9%	67.9%	15.4%	4.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 09/08/2023																
CACFP SUPPER	Total	4000														
Uncrustable, Grp Wh 5.3oz-2015	1 each	3000	590	0	530	7.00	2.00	83.0	0	0.0	30	18.0	64.0	32.0	7.00	0.00
CELERY STICKS 2021	serving	4000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			640	11	600	9.66	1.99	374.4	940	14.04	*47	23.62	86.38	26.40	6.53	*0.00
% of Calories											*29.6%	14.8%	54.0%	37.1%	9.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average																
			609	44	1092	10.05	3.34	627.3	1342	124.84	*38	29.83	87.71	18.14	6.63	*0.00
											*56.1%	19.6%	57.6%	26.8%	9.8%	*0.0%

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Rialto Unified School District

Sep 4, 2023 thru Sep 8, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	609		Weekly Target	550 - 650	100%	Miss Data	Shortfall	Overage	Error Messages (if any)								
Cholesterol (mg)	44																
Sodium (mg)	1092			1230													
Fiber (g)	10.05																
Iron (mg)	3.34																
Calcium (mg)	627.3																
Vitamin A (IU)	1342																
Sugars (g)	38	24.92%				Missing											
Vitamin C (mg)	124.84																
Protein (g)	29.83	19.58%															
Carbohydrate (g)	87.71	57.58%															
Total Fat (g)	18.14	26.79%		<=30.00%													
Saturated Fat (g)	6.63	9.79%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 11, 2023 thru Sep 15, 2023

CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/11/2023																
CACFP SUPPER	Total	4000														
HOT DOG-BEEF W/WHEAT BUN	SERVING	3000	388	40	984	3.00	2.87	80.0	15	0.0	5	14.94	32.97	22.84	8.93	0.00
BARBECUE BEANS -2012	1/2 CUP	3000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
Mixed Berry, Froz. 2019	1 each	3000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
MUSTARD	.5 oz	1000	10	0	177	0.51	0.23	9.0	11	0.23	0	0.68	0.83	0.62	0.04	0.00
CATSUP	.5 oz	1000	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			631	42	1546	8.95	3.95	434.9	741	2.99	*38	27.70	91.67	19.64	7.93	*0.00
% of Calories											*24.0%	17.6%	58.1%	28.0%	11.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/12/2023																
CACFP SUPPER	Total	4000														
CHEESEBURGER,W/ WHEAT BUN 2022	1 EACH	3300	340	46	820	3.00	3.89	238.1	253	0.0	5	22.77	32.18	15.35	6.46	*0.30
BARBECUE BEANS -2012	1/2 CUP	4000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	4000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			649	53	1608	12.24	5.46	620.1	1062	189.31	*36	37.88	99.75	15.81	6.95	*0.25
% of Calories											*22.4%	23.4%	61.5%	21.9%	9.7%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/13/2023																
CACFP SUPPER	Total	4000														
QUESADILLA,Spicy, Chicken 2020	1 EACH	2000	454	91	927	3.00	1.88	563.3	594	4.25	*2	29.52	30.8	23.05	12.29	*0.00
CELERY STICKS 2021	serving	5000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
Mixed Berry, Froz. 2019	1 each	5000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	500	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	5000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	5000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			653	67	941	6.23	2.12	1088.5	2173	9.45	*63	39.50	89.66	15.33	8.15	*0.00
% of Calories											*38.8%	24.2%	54.9%	21.1%	11.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 11, 2023 thru Sep 15, 2023

CACFP SUPPER

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/14/2023																
CACFP SUPPER	Total	4000														
PRETZEL DOG 2013 WG	1 EACH	4000	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLESAUCE, UNSWEETNED	serving	4000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	*N/A*
MUSTARD	.5 oz	1	10	0	177	0.51	0.23	9.0	11	0.23	0	0.68	0.83	0.62	0.04	0.00
CATSUP	.5 oz	1	19	0	154	0.05	0.07	2.7	87	0.7	4	0.21	4.46	0.03	0.01	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			496	50	975	8.05	5.46	507.1	10845	7.22	34	31.78	76.60	9.27	3.53	*0.00
% of Calories											27.7%	25.6%	61.7%	16.8%	6.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 09/15/2023																
CACFP SUPPER	Total	4000														
GRINDER, HAM & CH, EL-2014	1 EACH	4000	267	37	925	3.00	3.00	182.3	151	0.0	*3	19.19	32.38	8.59	3.51	*0.00
CUCUMBER, SLICED 2021	serving	4000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.02	*N/A*
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			489	52	1077	6.02	3.48	549.8	798	13.37	*31	31.80	74.29	11.51	5.15	*0.00
% of Calories											*25.1%	26.0%	60.8%	21.2%	9.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			584	53	1229	8.30	4.09	640.1	3124	44.47	*41	33.73	86.39	14.31	6.34	*0.05
											*62.5%	23.1%	59.2%	22.1%	9.8%	*0.1%

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Rialto Unified School District

Sep 11, 2023 thru Sep 15, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	584		550 - 650	100%													
Cholesterol (mg)	53																
Sodium (mg)	1229		1230														
Fiber (g)	8.30																
Iron (mg)	4.09																
Calcium (mg)	640.1																
Vitamin A (IU)	3124																
Sugars (g)	41	27.76%			Missing												
Vitamin C (mg)	44.47																
Protein (g)	33.73	23.12%															
Carbohydrate (g)	86.39	59.22%															
Total Fat (g)	14.31	22.07%	<=30.00%														
Saturated Fat (g)	6.34	9.78%	<10.00%														
Trans Fat ¹ (g)	0.05	0.08%			Missing												

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 18, 2023 thru Sep 22, 2023

CACFP SUPPER

Generated on: 9/14/2023 9:21:08 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/18/2023																
CACFP SUPPER	Total	4000														
Chicken Tenders, WG 2017	Serving	4200	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
Cracker, Cheez-It Wh.Gr.-2013	pkg	4200	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
BARBECUE BEANS -2012	1/2 CUP	4000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
raisin, box 1.5 oz.	box (1.5 oz)	4000	129	0	5	1.59	0.81	21.5	0	0.99	25	1.32	34.05	0.2	0.03	*N/A*
CATSUP	1 oz	4000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			805	51	1797	11.51	6.21	623.6	1707	98.25	*60	38.17	136.94	15.42	4.80	*0.00
% of Calories											*29.8%	19.0%	68.1%	17.2%	5.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/19/2023																
CACFP SUPPER	Total	4000														
HOT DOG-BEEF W/WHEAT BUN	SERVING	3000	388	40	984	3.00	2.87	80.0	15	0.0	5	14.94	32.97	22.84	8.93	0.00
BROCCOLI,raw: fresh	Serving	3000	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.01	*N/A*
APPLESAUCE CUP-MOTT'S	1 EACH	3000	50	0	0	1.00	0.00	0.0	55	12.0	11	0.0	13.0	0.0	0.00	0.00
MUSTARD	.5 oz	1000	10	0	177	0.51	0.23	9.0	11	0.23	0	0.68	0.83	0.62	0.04	0.00
CATSUP	.5 oz	1000	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			464	42	971	4.02	2.64	403.3	768	41.30	*28	22.59	54.78	19.28	7.84	*0.00
% of Calories											*23.8%	19.4%	47.2%	37.4%	15.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/20/2023																
CACFP SUPPER	Total	4000														
PIZZA,PEP-WG-4X6 ARDELLAS -2013	1 EACH	4000	330	38	670	3.58	1.36	470.4	469	12.65	5	18.64	31.94	14.46	6.25	0.00
CELERY STICKS 2021	serving	4000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
DRESSING, RANCH .50oz	Servings	2000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 18, 2023 thru Sep 22, 2023

CACFP SUPPER

Generated on: 9/14/2023 9:21:08 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			566	45	966	6.20	2.57	869.8	1687	20.42	43 30.6%	30.87 21.8%	75.52 53.4%	17.37 27.6%	7.07 11.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 09/21/2023																
CACFP SUPPER	Total	4000														
BURRITO,TKY BEAN & CHSE-2 017	SERVING	4000	434	27	452	8.27	4.30	175.0	362	2.03	*2	19.21	59.25	14.21	3.87	*0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	4000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			630	42	644	12.97	4.66	555.2	11166	193.43	*27 *17.4%	30.78 19.5%	93.10 59.1%	16.86 24.1%	5.39 7.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/22/2023																
CACFP SUPPER	Total	4000														
Uncrustable, Grp Wh 5.3oz-2015	1 each	3000	590	0	530	7.00	2.00	83.0	0	0.0	30	18.0	64.0	32.0	7.00	0.00
CUCUMBER, SLICED 2021	serving	4000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.02	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			606	11	513	6.47	1.99	350.2	549	7.66	*49 *32.5%	22.84 15.1%	78.62 51.9%	26.28 39.0%	6.50 9.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			614	38	978	8.23	3.61	560.4	3176	72.21	*42 *60.8%	29.05 18.9%	87.79 57.2%	19.04 27.9%	6.32 9.3%	*0.00 *0.0%
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Rialto Unified School District

Sep 18, 2023 thru Sep 22, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

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Generated on: 9/14/2023 9:21:08 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	614		550 - 650	100%													
Cholesterol (mg)	38																
Sodium (mg)	978		1230														
Fiber (g)	8.23																
Iron (mg)	3.61																
Calcium (mg)	560.4																
Vitamin A (IU)	3176																
Sugars (g)	42	27.04%				Missing											
Vitamin C (mg)	72.21																
Protein (g)	29.05	18.92%															
Carbohydrate (g)	87.79	57.17%															
Total Fat (g)	19.04	27.90%	<=30.00%														
Saturated Fat (g)	6.32	9.26%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 25, 2023 thru Sep 29, 2023

CACFP SUPPER

Generated on: 9/14/2023 9:21:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/25/2023																
CACFP SUPPER	Total	4000														
CHEESEBURGER MINIS-2018	SERVING	5000	272	45	355	2.60	2.80	82.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
BARBECUE BEANS -2012	1/2 CUP	4000	197	0	782	6.77	2.07	63.6	302	1.51	*9	8.1	45.2	0.65	0.13	*0.00
Mixed Berry, Froz. 2019	1 each	4000	90	0	0	2.00	0.00	0.0	0	0.0	16	0.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			747	71	1376	12.02	5.57	516.1	928	3.91	*44	43.72	120.33	12.90	5.25	*0.00
% of Calories											*23.4%	23.4%	64.4%	15.5%	6.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/26/2023																
CACFP SUPPER	Total	4000														
Taco Snack '23	1 EACH	4000	319	30	629	3.00	3.59	149.7	0	0.0	3	15.97	29.95	14.97	6.99	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
Craisins 2020	servings	4000	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			651	45	823	8.16	4.10	526.0	10755	6.12	*59	27.58	101.71	18.45	8.57	*0.00
% of Calories											*36.4%	16.9%	62.5%	25.5%	11.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/27/2023																
CACFP SUPPER	Total	4000														
Chili DOG, CHX 2020	1 EACH	4000	298	30	628	3.00	2.35	197.1	577	0.3	4	16.86	32.53	11.04	3.83	0.00
CELERY STICKS 2021	serving	6000	18	0	89	1.78	0.22	44.6	500	3.45	2	0.77	3.31	0.19	0.04	*N/A*
APPLES,Fresh sliced 2017	pkg. (3 oz)	6000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			542	35	935	10.17	3.67	616.5	2027	284.18	*42	28.76	79.49	11.95	4.27	*0.00
% of Calories											*31.2%	21.2%	58.7%	19.9%	7.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 25, 2023 thru Sep 29, 2023

CACFP SUPPER

Generated on: 9/14/2023 9:21:23 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/28/2023																
CACFP SUPPER	Total	4000														
TurkHam&Chz WG Hawaii Bun'23	1 EACH	3950	186	17	392	1.99	1.85	105.2	122	0.0	5	10.62	27.21	4.25	1.37	0.00
CUCUMBER, SLICED	serving	4000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.02	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
CATSUP	.5 oz	1	19	0	154	0.05	0.07	2.7	87	0.7	4	0.21	4.46	0.03	0.01	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			377	32	541	3.18	2.31	479.3	794	8.26	35	22.58	61.49	7.10	2.98	*0.00
% of Calories											37.6%	23.9%	65.2%	16.9%	7.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 09/29/2023																
CACFP SUPPER	Total	4000														
YOGURTBK,Straw W/Crack-2019	SERVING	5500	300	10	270	2.00	2.00	282.0	2500	0.0	30	9.0	55.0	5.5	2.00	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	42	1.71	0.18	20.1	10255	3.6	3	0.57	5.84	0.15	0.02	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	4000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			647	29	564	7.08	3.20	763.0	14257	14.79	*70	25.05	120.54	10.54	4.39	*0.00
% of Calories											*43.6%	15.5%	74.5%	14.7%	6.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			593	42	848	8.12	3.77	580.2	5752	63.45	*50	29.54	96.71	12.19	5.09	*0.00
											*76.3%	19.9%	65.2%	18.5%	7.7%	*0.0%

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Rialto Unified School District

Sep 25, 2023 thru Sep 29, 2023

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 3

Generated on: 9/14/2023 9:21:23 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	593		550 - 650	100%													
Cholesterol (mg)	42																
Sodium (mg)	848		1230														
Fiber (g)	8.12																
Iron (mg)	3.77																
Calcium (mg)	580.2																
Vitamin A (IU)	5752																
Sugars (g)	50	33.90%			Missing												
Vitamin C (mg)	63.45																
Protein (g)	29.54	19.93%															
Carbohydrate (g)	96.71	65.25%															
Total Fat (g)	12.19	18.50%	<=30.00%														
Saturated Fat (g)	5.09	7.73%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.